54°North Omega-3 with Vitamin D₃

Omega-3s Direct from the Fisherman

INGREDIENTS
- Made from fresh, sustainable Alaska Pollock
- Fully traceable from ocean to bottle
- Over 1000mg EPA and DHA in each softgel
- Vitamin D₃ added for a complete supplement
- Fresh, clean taste, without added flavors or colors
- Product of the U.S.A.

FRESHNESS ▲ PURITY ▲ SUSTAINABILITY
When it comes to omega-3 supplements, consider the source. At 54°North we catch the fish ourselves in Alaska's pristine Bering Sea, and process them at sea to produce premium quality fish oil with high levels of omega-3s and a fresh, clean taste. We then concentrate the omega-3s found naturally in Alaska Pollock to provide over 1000mg of EPA and DHA in a single softgel, adding vitamin D₃ for a complete supplement. Our commitment to sustainability ensures that the fish used in 54°North comes from a fishery that meets the Marine Stewardship Council's global standard for environmental sustainability. Every step of the process is controlled by us, from Alaska's Bering Sea to the bottle, so you have the advantage of knowing the fisherman who produced your supplement.

54°North Omega-3 with Vitamin D₃

**FEATURE**
Made from fresh Alaska Pollock caught in the pure marine waters of Alaska and processed at sea.

**BENEFIT**
Processing at sea immediately after harvest produces the highest quality omega-3 fatty acids and minimizes the negative effects of damaging endogenous enzymes, resulting in a fresh tasting, clean oil that requires minimal purification and no flavoring or coloring to mask off-flavors or odors.

Every step of the process is controlled by us, from the ocean all the way to the softgel.

With 54°North you know your fisherman and can rest assured that the quality of the nutrients is maintained throughout the process. All products are traceable back to the fishing vessel and the date, time and location of harvest.

Fully made in the U.S.A.

All production from harvest through refining and packaging is done in the United States to ensure complete product traceability, safety, and regulatory compliance.


Helps consumers and retailers make a conscious choice to purchase an environmentally sustainable product.

High concentrations of omega-3s per softgel with no fillers.

Take one softgel per day for over 1000mg of omega-3s, a single dose providing excellent value and convenience.

Third-party testing by the International Fish Oil Standards program (IFOS).

Independent validation of label claims for content and assurance that the product meets or exceeds global standards for omega-3 supplements.

1000 IU Vitamin D₃ added.

Studies show an overwhelming lack of this essential nutrient, which is critical in numerous physical functions and for protection against disease, such as osteoporosis.

**American Marine Ingredients**
American Marine Ingredients is satisfying the world's growing nutritional needs with quality marine supplements and ingredients made from sustainable natural fishery resources. Our raw materials are sourced through our sister company, American Seafoods Company, which operates six state-of-the-art, at-sea processors that harvest fish and quickly process it into a wide variety of healthy seafood products. As part of American Seafoods Group, one of the world's leading seafood companies, we are able to provide customers with the highest level of quality control and product traceability because we own and control the harvesting, processing and logistics used to create our products.

The sustainability of the fish we harvest is the very foundation of our business. We believe our responsibilities extend well beyond the biological health of our fisheries resources and the ecosystems in which they live, so we are continually working to reduce the overall environmental footprint of our company and our products.

**1000 mg of EPA and DHA in every softgel**

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>15</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>10</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1.5g</td>
</tr>
<tr>
<td>Vitamin D₃ (cholecalciferol)</td>
<td>1000 IU.</td>
</tr>
<tr>
<td>Omega-3s</td>
<td></td>
</tr>
<tr>
<td>EPA (eicosapentaenoic acid)</td>
<td>720mg</td>
</tr>
<tr>
<td>DHA (docosahexaenoic acid)</td>
<td>280mg</td>
</tr>
<tr>
<td>Other Omega-3s</td>
<td>60mg</td>
</tr>
<tr>
<td>Total Omega-3s</td>
<td>1060mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Contains no saturated fat, trans fat or cholesterol.

**Ingredients:**
- Highly refined fish oil Omega-3 (from Alaska pollock Theragra chalcogramma, gelatin, natural mixed tocopherals, vitamin D₃ (cholecalciferol))
- No gluten, milk derivatives, or added colors or flavors.

Tel: 206-448-0300
info@ami-ingredients.com
www.ami-ingredients.com

©2013 American Marine Ingredients Printed in U.S.A. 03.13.1